

## National guidelines - Canada

In order to comply with national requirements we are implementing the following further precautionary measures:

Travel	Canada still has travel restrictions in place. Most people cannot travel to
l lavoi	Canada even if they have a valid visitor visa, some exceptions apply to
	essential travellers (Mariners and Offshore Oil & Gas workers were deemed
	essential).
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Quarantine	There is a mandatory 14 day quarantine for any traveller returning from
	outside of Canada or within provincial borders. The place of quarantine must
	be stated at port of entry and individual cases are followed up by the Royal
	Canadian Mounted Police and can result in fines if individuals are not
	following quarantine regulations. Some exceptions can apply to essential
	workers.
	Any individual that has come in contact with a COVID-19 positive case or
	anyone showing signs of COVID-19 must self-quarantine for 14 days.
Social	Individuals are required to maintain 2m (6ft) for social distancing. This is
distancing	stated in the Federal <i>Quarantine Act</i> . Failure to comply can result in fines up
	to \$7,500. Social gatherings are limited to 5.
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	Training:
	- Reduced class sizes
	- X's placed on floor in practical exercise areas every 6ft to ensure
	social distance is achieved
	- Limited interaction with delegates (with online courses, if applicable)
Food bygions	N/A for Canada. We do not have a canteen.
Food hygiene	N/A for Canada. We do not have a canteen.
Class sizes	1 student per table in classrooms
	4 students at a time in transportation vehicles
Restrictions on	- No visitors (besides essential contractors, staff and delegates)
courses/	- All students will out a questionnaire and get temperature checked
methodology/	daily (a temperature over 38 will not be able to complete training)
equipment	- Staff get temperature checked upon arrival
Cleaning of	- Following all manufacture guidelines with regards to COVID-19
equipment	- Sanitization of facility and transportation vehicles happening daily
	- Zoono (a virucide, bacteriacide and fungicide) was sprayed in all
	facilities
Other national	Transport Canada has deemed Offshore Oil & Gas workers essential
specific	however, before flying offshore, the workers are required to quarantine for 14
guidelines	days (typically in a hotel) and have longer hitches offshore (4-5 weeks).