

National guidelines – SINGAPORE

In order to comply with national requirements, we are implementing the following further precautionary measures:

Travel	No employees or delegates must enter MSTS facilities returning from affected areas defined by Ministry of Health within two weeks upon return.
Quarantine	If any of our employees'/ delegates co-habitants, such as spouse and children, are placed in quarantine by the authorities, irrespective of the reason or background, then the relevant employee/ delegate must also be quarantined from MSTS locations for the same period or a minimum of two weeks.
Social distancing	We are complying with the national guidance on keeping 1 metre social distance and the maximum number of people gathering as 10.
Food hygiene	Served in wrapped portions or by one person.
Class sizes	We reduce the number of delegates in classes to accommodate the 1 metre social distance and if required provide theoretical teaching through webinars.
Restrictions on courses/ methodology/ equipment	First Aid practical courses are transferred into individual exercises as much as possible or demonstrations. All training (both theoretical and practical) are designed to accommodate 1 metre social distancing.
Cleaning of equipment	We are complying with the national guidelines and the guidelines from the manufacturer to ensure all equipment are sanitised and free of pathogens.
Other national specific guidelines	Everyone must wear a mask when outside of their homes. This applies on public transport, taxis, private hire cars, walking to or at markets, and also for permitted enterprise workers at all workplace premises, whether they are frontline staff (such as food handlers, cashiers and bus drivers) or performing back office functions (such as data entry personnel and payroll executives). Individuals may remove their mask while engaging in strenuous exercise outdoors (e.g. running/ jogging), but they must put it back on after completing exercise. A safe management measure at work place must be implemented an update version was published on 22nd October 2020. Singapore is moving into Phase 3. https://www.moh.gov.sg/covid-19/faqs https://www.gov.sg/article/moving-into-phase-3-of-re-opening-on-28-dec-2020 https://www.mom.gov.sg/covid-19/requirements-for-safe-management-measures