

## National guidelines - Denmark

In order to comply with national requirements, we are implementing the following further precautionary measures:

<b>Travel</b>	It is mandatory for persons crossing the border to Denmark to show a negative Covid19 PCR test, not older that 24 hours, before being allowed to cross the border.
<b>Quarantine</b>	The mandatory quarantine period after entry into Denmark, is 10 days. This is however possible to shorten that period by performing a PCR test on the fourth day of isolation. If the result is negative the quarantine can be lifted.  <b><i>Crew on ships, offshore installations and maritime technicians are excepted the quarantine requirement however negative PCR test is required before border crossing.</i></b>
<b>Social distancing</b>	We are following the national guidelines keeping social distance of 2 m where possible and minimum 1 m in general. Where 2-meter social distancing can't be adhered, facemasks / -shields are required.
<b>Food hygiene</b>	Served with the highest focus on hygiene.
<b>Class sizes</b>	Class sizes adhere to the 1 m social distance requirement within the relevant room, and if required provide theoretical teaching through webinars.
<b>Restrictions on courses/ methodology/ equipment</b>	Practical elements are transferred into individual exercises as much as possible or/and demonstrations.  Training (theoretical and practical) is designed to accommodate 1m social distancing. Where this isn't possible personal protection is mandatory.
<b>Cleaning of equipment</b>	We are complying with the national guidelines and the guidelines from the manufacture to ensure all equipment are sanitised and free of pathogens.