

National guidelines - Germany

In order to comply with national requirements, we are implementing the following further precautionary measures:

Travel	Anyone entering the Federal Republic of Germany who has stayed in a risk area within 10 days prior to entry is obliged to go directly home or to another suitable accommodation after entry and to isolate themselves there for 10 days. The competent health office monitors the quarantine obligation.
Quarantine	<p>If one of our staff members'/delegates' housemates, such as spouse and children (category 1 contact person) , is quarantined by the authorities, regardless of the reason or background, then the person in question will also be quarantined.</p> <p>The Robert Koch Institute (RKI) recommends domestic seclusion or quarantine for 14 days - calculated from the last day of contact with a person who is contagious at the time - for close Category I contacts. The quarantine can be shortened to 10 days if a negative test result for the SARS-CoV-2 coronavirus (by means of a PCR or antigen test) is available; the test may be carried out on the tenth day of quarantine at the earliest.</p>
Social distancing	Keep at least 1.5 metres away from other people
Food hygiene	<ul style="list-style-type: none"> • No freely available fruit • Individually packed muesli bars • Distribution of lunch by staff. No contact of the participants with the food. • Normal cutlery, but individually wrapped. • Individually packaged sugar and milk for coffee
Class sizes	We reduce the amount of max 12 delegates in classes to accommodate the 1.5 metres social distance and if required provide theoretical teaching through webinars.
Restrictions on courses/ methodology/ equipment	<ul style="list-style-type: none"> • The number of delegates in a classroom was reduced to a maximum of 12 per class. • Remote classes are implemented. • Social distance in the classroom between chairs 1.5m apart for delegates. • All safety equipment is disinfected prior and post each practical. (CPR Practical whit mannikins, Smoke Hood, Safety boots. Etc.)
Cleaning of equipment	We are complying with the national guidelines and the guidelines from the manufacture to ensure all equipment are sanitised and free of pathogens.